

## OVERCOMING OVERTHINKING

On Wednesday evenings, we have been studying people in scripture who have encounters with God. Each week we have talked about what we can learn about God through those encounters. In those stories, we can also see common issues that people have. In the stories we have covered so far, it seems that people struggle understanding themselves and the situations they face in the same way that God does. Because of how they perceive their abilities or the obstacles they face, they tend to overthink which leads to foolish actions.

In his book, *Soundtracks: The Surprising Solution to Overthinking*, Jon Acuff explains that our false narratives about ourselves become like a soundtrack to our lives guiding us in the wrong direction. He encourages creating a new soundtrack. His begins this way, "I choose my thoughts. I know that doing my best starts with thinking my best. These thoughts will set the course for my actions."

That concept of thoughts relating to actions is not new with Acuff. It is the same thing that Paul talked about in Philippians 2 when He said to have the same mind as Jesus, and it is the way that Jesus begins the Sermon on the Mount. Blessed. Jesus calls people blessed when their experiences do not sound at all like blessings. He teaches us that we can change how we think about things and about ourselves, and as a result we can live the kind of life He describes in the rest of the sermon. Doing right begins with thinking right. We truly are blessed!

- Brian



### SAVE THE DATE!

Stronger Marriages Workshop with Trey & Lea Morgan Friday & Saturday March 25-26, 2022



January 9, 2022



### **Elders**

Jeff Butler
Scott Estes
Greg Hatton
David Hendricks
Richard Howard
Brent Lowe
Butch Platt

#### **Ministers**

Brian Lewis David Dirrim Thorin Turner Kyle Wilson

# **Family Matters**

**Madonna Tidwell** is home from the hospital. She is having some kidney issues. Please keep her in your prayers.

**Tommy & Becky Myers** are both at home sick with Covid. They are doing a little better though. Please keep both of them in your prayers.

**Ann Mayes** is struggling with her health at this time. Please keep her in your prayers.

Michelle Osborn's father, Kenny Bennett, has been moved to ICU at Mercy Ada with double pneumonia and complications from Covid. John & Michelle Osborn and their family are at home battling Covid. Please keep all of them in your prayers.

**Our sympathy** goes out to Todd Martin and his family on the passing of his grandmother, Otherine Rue. Please keep Todd and his family in your prayers.

We want to welcome Lilly Cadenhead to our family here at Southwest! She was baptized Wednesday night following services. We rejoice in her decision.

Congratulations to the proud grandparents, John and Melissa Eck, on the birth of a new baby grandson, Matthias Christian Eck! He was born on December 23rd, 2021 at 3:45 pm to Ethan and Haley Eck. He weighed 8 lbs. and was 21 inches long. Proud greatgrandfather is Alan Eck.

### 1 Thessalonians 5:17

## "Pray without ceasing."

Please continue to pray for ...

Retha Allen, Ronald Trent, Jesse Nickell, Paula Hatton, Barbara Cannon, Barbara Hataway, Verna Cannon, Jeannie Wingard, Sherry Price, Lea Crain, Patsy Hill, Sue Silkey, Shirley Love, Gerald Joliff, Katie Meaders, Johnnie Sing, Alyene Sims, West, Mildred Cherry Bennett, Shirley Perry, Pattie Mitchell, Debbie Harber, Warner Fleck, Thayne Consequellos, Randy Wilson, and Steve, Jana & Stacey Stewart.

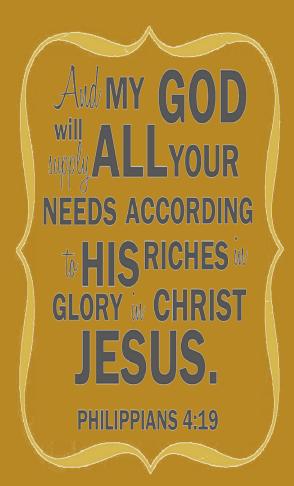
# Happenings

Church Events & Announcements

On Sunday, <u>January 9th</u>, at the end of the morning worship service, we will have the budget presentation for 2022.

**Ladies Prayer Group** meets on the 1st and 3rd Sundays each month at 4 pm in the old kitchen. The next time they will meet is **January 16th**.

Yellow House will hand out food this month on Monday, <u>January 24th</u>, from 8am-10am. Helpers this month are: Butch & Denise Platt, Carolyn Preble, Scott & Sharon Estes, Donna Duncan, & Mary Conley.





January at a Glance

02 Ladies Prayer Group,

Youth Meal/Devo

04 Ladies Bible Class Resumes

09 AWTG at Westside in Norman

13 College Meal/Devo w/Qualls

14-16 WinterQuest at Pettijohn

16 Ladies Prayer Group

23 Youth Meal/Devo

24 Yellow House

27 Col. Meal/Devo w/Sumpters

28-29 Vision Seminar (SALT)

30 Youth Meal/Devo



01/11 Lane Garrett,
Jana Stewart

01/12 Barbara Cannon,
Cooper Hamilton,
Raygn Tinsley,
April Willis

01/13 Ted Rutherford

01/14 Jared Griffin

01/15 Braydon Holloway



January 9th
AWTG at Westside
in Norman

January 14th-16th

WinterQuest at Pettijohn



01/10 Darrell & Cindy Geiger



January 13th
College meal & devo
with the Qualls

family

Tigers for Christ



PRAY FOR OUR SERVICE MEN

Josh Higginbottom
Frank Holsapple Jr.
Clay Patterson
Michale Perry

# Sunday Bible Classes

**Adult Classes** 

David Hendricks

John's Letters

Auditorium

David Dirrim

Old Kitchen Classroom

Jeff Butler

Gospel of Mark

Fellowship Building

College Group

Kyle Wilson

Southwest Corner Classroom

Youth Group (6th-12th Grades)

Thorin Turner

Youth Classroom

Kids

Elementary (K-2nd & 3rd-6th)

North Hall Classrooms

Preschool (2 Years Old & 3 & 4 Years Old)

South Hall Classrooms

Baby Class (Under 2 Years Old)

For the Record: 01/02/2022

Bible Study	98
AM Assembly	153
PM Assembly	123
Wednesday PM	127

Contributions \$13,646

Budget \$12,612

## SERVING THIS WEEK

Sunday AM:

Song Leader: Jared Hudson
Opening Prayer: Jack Cadenhead
Closing Prayer: Dusty Dennis
Scripture Reading: Nathan Lewis
Lord's Supper Thoughts: Drew Adams

Communion Servers: Trent Barrett, Drew Adams, Jacob Bowman, Tuker Dennis, Joe Dirrim, Casey Farrar, Jet Frye, KerVon James

Balcony Servers: Don Kite & Cooper Hamilton

Attendance Counter: Chuck Love

Safety Team Walk **AM/PM**: James Bryant Safety Team Camera **AM/PM**: Russell Neill

Coordinator **AM/PM/Wed**: Bart Conley & Jared Griffin Sound Booth **AM/PM/Wed**: Tyler Jones & Justin Lane

Sunday PM:

Song Leader: Ronnie Osborn Opening Prayer: Brent Lowe Closing Prayer: Justin Lane Attendance Counter: Jag Frye

Communion: Cody Frye & Tim Hensley

Wednesday PM:

Song Leader: Russell Neill

Announcements/Opening Prayer: Ried Duncan

8 Minute Devotional: David Dirrim Closing Prayer: Brad Butler

Attendance Counting: Chelton Andrews

Safety Team Walk: Caleb Estes Safety Team Camera: Tommy Garrett

**January Contribution Counters:** 

Bill Young, Chuck Love, James Byers, & Ried Duncan

## ORDER OF WORSHIP

Welcome

I Will Call Upon the Lord - 63

Scripture: Matthew 4:23-25

Prayer

We Bow Down - 577

When We All Get to Heaven - 853

When My Love to Christ Grows Weak - 350

Thoughts From the Cross: Drew Adams

The Lord's Supper - (Not In Book)

Communion

Earth Holds No Treasures - 884

Contribution

Living By Faith - 560

A.M. Lesson: Blessed

There Stands a Rock - 558

Announcements

A Common Love - 705

Prayer

P.M. Lesson: Character

An elder and wife are available in the classroom of the middle hallway of the building during each invitation.

**Elder for January**: Richard Howard **Supporting Elder & Wife**: Scott & Sharon Estes

## SOUTHWEST CHURCH OF CHRIST

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Sunday

Bible Classes - 9:00 a.m.

Morning Worship - 10:00 a.m.

Evening Worship - 5:00 p.m.

Wednesday

Bible Class Auditorium 7:00 p.m.

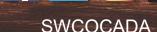
Youth Group - College Group

K-5th Grades

Worship & Classes Online

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youtube.com/swcocada



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